

Mixed Community Group (MCG)

This group meets for social interaction and a meal on Thursday from 10am til 3pm and is available to HACC eligible community members. Please contact the HACC office for more details on 02) 6071 5238.

Services may be provided under the Veterans Home Care Program



Compliments and Complaints

If at any time you have a concern or comment to make, please do not hesitate to contact the Chief Executive Officer on 02 6071 5200 or write to PO Box 77, Tallangatta VIC 3700

OUR VALUES

Willingly being accountable

Valuing people

Achieving results through teamwork

Integrity in all we do

Respect for others at all times



Tallangatta Health Service
is a
smoke free facility

Available at Tallangatta Health Service

- Acute Hospital Care
- Asthma Education
- Bolga Court : Residential and Respite Care
- Diabetes Education
- Dietician
- District Nurse
- Exercise Classes, and Strength Training
- Home and Community Care
- Lakeview Nursing Home Residential Care
- Medical Centre
- Men's Shed
- Meals on Wheels
- Mixed Activity Group (MCG)
- Nurse Practitioner
- Occupational Therapist
- Nutritionist
- Pathology
- Physiotherapy
- Planned Activity Groups (PAG)
- Podiatry
- Room Hire
- Social Worker
- Women's Health

HOME AND COMMUNITY CARE



home and community care

A JOINT COMMONWEALTH AND STATE/TERRITORY PROGRAM
PROVIDING FUNDING AND ASSISTANCE FOR AUSTRALIANS IN NEED

PO Box 77
25 Barree Street
Tallangatta
VIC 3700

Phone: 0260 71 5200
Fax: 0260 71 5293
Email: THS@ths.vic.gov.au
www.tallangattahealthservice.com.au

Home and Community Services

This service is available through Tallangatta Health Service. Community members that would like to use the service are required to be assessed. Enquiries can be made by phoning reception on 0260 71 5238



Home Care

House keeping duties may include:

- Sweep, mop and vacuum floors
- Clean bath, basin, toilet, shower
- Wash and dry dishes
- Wash, dry and fold clothes
- Clean inside windows/mirrors to shoulder height
- Wipe bench tops and cupboard doors to shoulder height
- Clean/defrost refrigerator
- Dust/polish table tops
- Water pot plants
- Empty small rubbish bins
- Assist with shopping/bill paying
- Assist in cooking meals

Personal Care

Assistance is available for:

- Showering, bathing and bed sponges
- Hair washing and drying
- Toileting
- Cleaning teeth/dentures
- Dressing
- Assistance at meal times
- Colostomy care
- Cleaning spectacles
- Apply non medicated creams
- Eye drops/creams
- Assistance with medication
- Apply support socks
- Simple wound care
- Accompany to medical appointments
- Care of safety pendants
- Referrals

Meals on Wheels

Hot meals are delivered Monday to Saturday in the Tallangatta township. Frozen meals are available in other areas.

Occupational Health and Safety

We ask you to respect the fact that staff are not to:

- Clean, wipe or dust above shoulder height
- Stand on a chair, stool or ladder to work
- Work under the house



Use of chemicals

Staff can only use these products:

- Lux/wool wash for handwashing
- Powders for washing machines
- Pine-O-Clean for toilets and bathrooms
- Cream cleansers for surfaces and toilets
- Liquid detergent for dishes
- Marveer or Mr Sheen for timber